Toronto metro

Your essential daily news MONDAY, JANUARY 23, 2017 High 4°C/Low 1°C Showers

WE ARE THE RESISTANCE

But if you think this fight is romantic or glorious, think again — exhilarating as the women's march was, the road ahead will be perilous **Vicky Mochama in Washington, metroVIEWS**

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metro NEWS
Your essential daily news

Democratically elected president of Gambia, Adama Barrow, will return to lead country. **World**

Canadian contingent marches proud in D.C.

SOLIDARITY

Northern allies join their U.S. counterparts to defend rights

May Warren
Metro | Toronto

A large group of Canadian women joined hundreds of thousands of people taking part in the Women's March through the streets of Washington D.C., in a passionate display for women's rights on Saturday. MAY WARREN/METRO

After two nights of sleeping upright on buses, an entire day of walking and more than 24 hours without a shower, a few hundred Canadian women finally arrived back in Toronto on Sunday afternoon.

Fresh from the historic Women's March on Washington, they were tired but elated, ready to take their energy forward over the next four years, .

"I believe it's just the start," said Jo-Anne Miller.

The 50-something seasoned activist made the trip alongside her 20-something friend Jocelyn Murphy. Their generational split serves as a symbol of why the momentum from this weekend is so important.

The march was 29-year-old Kat Scott's first time doing anything in the "political sphere."

She considers herself a feminist, was inspired to action by Gloria Steinem and "at root" just wants to end sexism.

"It's those moments of just reminding myself that I'm not alone," she said, about the importance of the march. "You can pull on this memory."

The march gave the world a glimpse of "the power of the people," especially when it comes to fighting the "intersectionality of oppression" women of colour and indigenous women face in Canada and the U.S, Miller said.

Standing out in their red tuques amongst the thousands of pink knitted hats Saturday, Canada's women, and some men, were welcomed loudly.

Americans cheered them along the march's route, yelling "Thank you for coming," and "You go Canada, you go."

The event was organized as a peaceful gathering in support of diversity, equality and inclusion, not as a protest against U.S. President Donald Trump. But, his face and name popped up on signs and in chants.

At one point near the National Mall, marchers sang out "We don't want your tiny hands, anywhere near our underpants."

But, the movement was about much more, including issues around reproductive rights, climate change and Black Lives Matter.

Scarborough's Sadaf Jamal, 38, was battling blisters, but glad she came — despite a bus malfunction that left about 100 of the Canadians waiting in the cold for hours before they could leave Washington.

The entrepreneur wanted to represent and empower other Muslim women by being there, and hopes people remember the march's message of equality and diversity long after the banners and signs are put away.

"I hope they keep the message in their heart and they live by it," she added.

Voices from the crowd in Toronto

An estimated 60,000 people joined the Toronto Women's March in a warm display of solidarity with the Women's March on Washington.

Powerful speeches from local leaders included words from indigenous elder Catherine Brooks, who reminded the crowd "women are beautiful and complete. Don't ask them to participate, ask them what to do."

These were some of the faces in the crowd.

ALI VANDERKRUYK FOR METRO

CLAUDIA HENNESSEY
"The figure who is supposed to have the most respect is racist and fascist. Children can't be raised in a world where racism is condoned."

MATTHEW CURRIE-HOLMES
"My wife is marching in L.A. with my daughter. I am here with my mother-in-law, a staunch feminist. It's the least I can do."

CHRISTY AND AVA PARHAR
"This is about human decency," Christy said. "It is important to show our young people what truth looks like, that we have the power to speak, that our voices can be heard."

MAYA MENEZES
"This is something indigenous, black and people of colour have been dealing with in Canada since colonialism. It's powerful to see people uniting against the politics of fear, fear mongering, Islamophobia and violence."

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Blogger shifting the cultural narrative

HISTORY

Daily profiles to feature positive stories of black Canadians

Gilbert Ngabo
Metro | Toronto

Casey Palmer has found his own way of celebrating Black History Month, one story at a time.

Every day in February the Toronto digital content creator will be sharing the story of a black Canadian on his website.

> **The more people's stories we can get, the better.**
> Casey Palmer

It's part of Tales from the 2.9, a project he launched last year to showcase the cultural diversity of the black Canadian communities.

The name comes from the fact that black people make up 2.9 per cent of the Canadian population, according to Statistics Canada numbers from 2011.

Still, Palmer argues most of their stories aren't told by the mainstream media.

"You either have to be super successful like a rapper or an athlete, or it's a tragedy that comes with crimes or extreme poverty, to be noticed," he said.

"But there's a lot of in-between people, who work the regular jobs, feed families. It isn't just these two-dimensional narratives."

As Canada celebrates its 150th anniversary, Palmer said his project helps show the country's diversity, and makes sure that no one part of the community is left unrecognized.

Toronto blogger Casey Palmer is sharing inspiring stories of black Canadians throughout the month of February. CONTRIBUTED

In addition to profiling black leaders, entrepreneurs and community pioneers on his blog, he's looking to organize Black Fridays — cultural events where black people would meet and share ideas on how to make positive changes in society.

He's also inviting people to help him collect profiles to post on his site, to make the project "a lasting hub" for the black community.

"In this modern era we need digital representation to share the rich culture that goes with being black in Canada," he said. "The more people's stories we can get, the better."

HUMBER COLLEGE

Students likely sick with common virus

Toronto Public Health says the mysterious illness that made 215 students sick with stomach pain at Humber College may have been caused by a common winter bug called norovirus.

"Students who reported the illness and their recovery and the fact that everybody has become ill in such a short amount of time suggests this illness is caused by norovirus," said Dr. Michael Finkelstein, a spokesperson for TPH.

"We're still waiting for lab testing which could support that or not but certainly the signs and symptoms of the students who reported illness supports that."

215

Toronto Public Health says 215 students at Humber College's north campus were affected.

According to Finkelstein, norovirus is a bug that circulates each year in the winter months and causes what some people call the stomach flu. Symptoms can include short bouts of gastroenteritis that causes vomiting, diarrhea, chills, nausea and dizziness.

"But one of the other characteristics of norovirus is that it passes pretty quickly. You'll be sick for 12 to 21 hours and then you'll get better. So, the important parts of response to norovirus is try keep yourself hydrated," said Finkelstein.

TPH responded to a call to investigate the sudden outbreak of the illness Thursday night when approximately 200 people, mostly Humber students on the college's north campus residence reported feeling sick.

"We continue to investigate with great co-operation from Humber College," said Finkelstein, adding investigators are still determining how the virus was brought to the residence.

Meanwhile, the college told Torstar News Service Saturday it has redoubled cleaning efforts and closed on-campus self-serve food facilities, such as salad bars.

"Humber has increased cleaning frequency in the residences and is assisting affected students," said a statement from the college released Friday.

Humber College says nurses will be available to students in residence. TORSTAR NEWS SERVICE

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Humans of Toronto by K. Omar

> My future goal is to work for the United Nations, so I was so happy when I got accepted to the international development program at U of T. I remember the day when I got the letter. My dad was beside me and he had tears in his eyes. The hardest thing was leaving my family — my grandparents and so many cousins. I came here, and I thought: 'I don't know if I'm going to make friends. I don't know if I'm going to be the person that I am right now.' Of course I love it here now. People here are very diverse, I've seen people from so many different countries and I go to a university that accepts me, which I think is beautiful.

Humans of Toronto is K. Omar's social photography project aimed at photographing and talking to people in the city. Selections from her work feature weekly in Metro. See more at Humans of Toronto on Instagram.

Schools in Canada get a Brexit bump

EDUCATION

Most desirable place to study, international students say

May Warren
Metro | Toronto

Canada is looking more attractive to students from the European Union looking for a place to study post-Brexit.

A new survey of 219 international students in the U.K., examining "Brexit effect" attitudes, found Canada has become the most desirable English-language place to study, pushing ahead of the U.K., Australia, the U.S. and New Zealand, according to Red Brick Research.

A year ago, the U.K. had top billing.

It's too early to see whether there's been an increase in EU students applying to schools since the U.K. voted to leave the European Union in June, said Anver Saloojee, assistant vice-president, international, at Ryerson University.

But he expects to see more interest in Toronto schools.

"I think definitely there will be a Brexit bump, there's no doubt about it," he said.

Saloojee said the climate of "xenophobic rhetoric" and "anti-immigrant sentiment" that has swelled around Brexit has a huge impact on where students decide to study. "They certainly wouldn't want to spend time in a country or a region that is not welcoming," he said.

Arif Abu, coordinator of international student support at Ryerson, said for many EU students it will come down to dollars and cents once Britain finalizes the terms of its departure. "If they have to pay international fees and Canada is cheaper, then why not choose Canada," said Abu.

Travelling across Asia, Abu said he's also recently noticed many prospective international students gravitating towards Canada for a different reason.

"Everywhere I went there's a great deal of interest in our prime minister," Abu said. "Students are like, your PM takes selfies, he's cool."

Campuses such as Ryerson University are looking more appealing to foreign students. TORSTAR NEWS SERVICE FILE

Lianne Doucet's youngest daughter Marie-Eve now spends about two hours commuting to school. COURTESY PHIL VRIEND

LANGUAGE

Parents look to sue over French schools

Gilbert Ngabo
Metro | Toronto

Francophone parents in east Toronto are poised to go ahead with a lawsuit against the province, despite a new French-language school opening soon near the area.

The Conseil scolaire de district catholique Centre-Sud will open a new school for Grade 7, 8 and 9 students wishing to continue their high-school education in French. The publicly funded school will start with at least 500 students, and will later expand to include Grades 10, 11 and 12.

But the Eglinton-McCowan school won't provide any relief for Lianne Doucet and other families in The Beaches, who are determined to take legal action against the province for what they say is a violation of their kids' right to receive equivalent education in either official language.

"Why should our kids have to travel for an hour to school in comparison to other kids who can walk to (English) school?" said Doucet. Her youngest daughter goes to Saint-Frère-Andé near College and Lansdowne, spending two hours every school day on transit.

Nicolas Rouleau, the lawyer helping the families prepare their case, said they have sent numerous letters to the ministry of education, but never managed to secure a meeting with the minister.

On top of the distance issue, he said existing French schools are lacking in sports and infrastructure facilities and don't offer an equivalent studying environment as those following their education in English.

> **Why should our kids have to travel for an hour?**
> Lianne Doucet

"All we're asking for is the same conditions the English kids take for granted," he said, noting the ministry should put pressure on TDSB to release some of the "prime space that's been sitting empty for long."

"It's never particularly easy for a government in an English-language province to offer what's required for the minorities. But we've got an empty pocket in this densest area with no French-language high school, and that has to change."

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A history of helicopter heat

ETHICS

Trudeau not the first to stir controversy over private flight

Justin Trudeau sparked controversy by boarding the Aga Khan's helicopter. THE CANADIAN PRESS

If only Justin Trudeau had bumped into Earl Deveaux at the airport in the Bahamas — he might have been able to save himself a chopper-load of political grief.

After all, Deveaux — formerly the island nation's environment minister — has himself been a passenger on board the Aga Khan's private helicopter, just like Trudeau, and was made to suffer the consequences.

It was September 2010 when someone snapped a photo of Deveaux walking away from the helicopter in question during a stopover on his way to the Aga Khan's private island.

For Deveaux, the political perils were decidedly more glaring.

The Aga Khan was seeking permission to dredge offshore from his island, inside an established marine reserve, in order to make room for his massive luxury yacht, among other vessels. Locals feared irrevocable environmental harm.

The area, known as the Exumas, had become popular with celebrities and the super-wealthy keen on owning their own island.

Owners include actor Johnny Depp, singers Faith Hill and Tim McGraw and former investment banker Steve Harrington.

The Aga Khan — the wealthy philanthropist and hereditary spiritual leader to the world's approximately 15 million Ismaili Muslims — happens to be a close family friend of Trudeau's.

Trudeau has been facing heat over the flight ever since the National Post reported on his family holiday at the Aga Khan's island, which also included Liberal MP Seamus O'Regan and Liberal party president Anna Gainey.

The federal Conflict of Interest Act and Trudeau's own ethics guidelines for his cabinet ministers bar the use of sponsored travel in private aircraft, allowing it only for exceptional circumstances and only with the commissioner's prior approval.

The act also prohibits a minister or any member of their family from accepting gifts or "advantages" that could reasonably be seen as influencing government decisions. The only exception is if the giver is a friend.

The federal ethics commissioner is looking into the holiday and the chopper flight. Trudeau has repeatedly called the Aga Khan a longtime family friend who served as a pallbearer at his father's funeral.

Back in 2010, there were immediate calls for Deveaux's resignation. Then-prime minister Hubert Ingraham stood by his minister, admitting that he, too, had hopped a ride in the very same helicopter to meet with the Aga Khan and foreign dignitaries.

At the time, a frequent political argument — similar to that of Trudeau — was that there was no other means of accessing the 140-hectare Bell Island, which the Aga Khan reportedly purchased in 2009 for $100 million US. THE CANADIAN PRESS

ALBERTA

Domestic violence leave now a reality

A union in Alberta has negotiated domestic violence leave for members who work at a long-term care facility.

The United Steelworkers says the agreement means Rivercrest Care Centre workers who are victims of domestic violence can take paid leave for legal, medical and counselling appointments without fear of losing their jobs.

Ray White, president of Local 1-207, said the contract language is a first for the union in Alberta and it plans to table similar proposals with other employers.

"The stigma attached to domestic violence is bad enough without having to go to your employer hat in hand begging for time off," he said.

Blair Halliday, chief operating officer of Qualicare Health Services Corp., said he was initially surprised when the union tabled the proposal for workers at the Fort Saskatchewan nursing home. But after learning more about domestic violence, the company decided it was the right thing to do. THE CANADIAN PRESS

LA LOCHE

A year since school shooting

Prime Minister Justin Trudeau is remembering the anniversary of the deadly La Loche, Sask., school shooting, saying the tiny community has inspired the whole country.

Sunday marks the one-year anniversary of the shooting that killed two staff and wounded seven others in the high school.

Two teenage brothers were also killed in a nearby home.

Trudeau issued a statement Sunday that said the people of La Loche have shown resilience, determination to rebuild and optimism for a better future.

Saskatchewan Premier Brad Wall said in a separate statement that all of Saskatchewan wept with La Loche after the shooting.

He said the province has been working with the community to strengthen and gauge the success of mental-health supports, counselling services and programs. THE CANADIAN PRESS

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A rescue team works at the avalanche-hit Hotel Rigopiano.
CONTRIBUTED/AFP/GETTY IMAGES

'Everything collapsed'

ITALY

Avalanche survivors tell harrowing stories

Some of the lucky ones were sipping hot tea near the fireplace in their mountain resort hotel, waiting for snowplows to arrive so they could finally go home, after a winter holiday made nerve-wracking by a day of ground-shaking earthquakes and heavy snowfall.

30
The number of holiday-makers and workers trapped in the hotel when the avalanche hit

Suddenly, Vincenzo Forti and girlfriend Giorgia Galassi were knocked violently off a wicker sofa. A few other guests nearby tumbled off their chairs in the elegant yet rustic reception hall.

An avalanche of snow — and not a tremendously powerful earthquake as survivors first imagined — had just barrelled down the mountainside Wednesday evening, smashing into the Hotel Rigopiano and trapping more than 30 holiday-makers, including four children, and workers inside.

On Sunday evening, rescuers spotted a man's body in the wreckage, raising to six the number of confirmed dead. Twenty-three others remained missing.

While the nine people who were eventually rescued, including all the children, remained hospitalized Sunday, some details of their harrowing survival accounts began emerging, through family, friends and rescuers who spoke with them.

Among the details: the seemingly endless isolation, since the snow absorbed any sound from the outside.

"There were four of us, in front of the fireplace, drinking tea," Galassi recalled.

Suddenly, "everything collapsed on top of us, and I didn't understand anything anymore," Galassi, a 22-year-old university student, told a radio station in her hometown of Giulianova, where Forti, 25, owns a seaside pizzeria.

THE ASSOCIATED PRESS

SETTLEMENTS

Israel PM delays vote

Israeli Prime Minister Benjamin Netanyahu delayed a vote Sunday on an explosive proposal to annex one of the West Bank's largest settlements, apparently to co-ordinate his policy toward the Palestinians with the new administration of U.S. President Donald Trump.

The move put on hold legislation that threatens to unleash fresh violence and damage already faded hopes for Palestinian independence. It also may mark Trump's first foray into Middle East diplomacy.

After eight years of frosty relations with President Barack Obama, Netanyahu has welcomed Trump's election as an opportunity to strengthen ties between two allied nations.

THE ASSOCIATED PRESS

GAMBIA

Ex-ruler empties coffers, flees with cars

Exiled Gambian ruler Yahya Jammeh stole millions of dollars in his final weeks in power, plundering the state coffers and shipping out luxury vehicles by cargo plane, a special adviser for the new president said Sunday.

Meanwhile, a regional military force rolled in, greeted by cheers, to secure this tiny West African nation so that democratically elected President Adama Barrow could return home. He remained in neighbouring Senegal, where he took the oath of office Thursday because of concerns for his safety.

Barrow's special adviser Mai Ahmad Fatty confirmed that Jammeh made off with more than $11.4 million US during a two-week period alone. That is only what they have discovered so far since Jammeh and his family took an offer of exile after more than 22 years in power and departed late Saturday.

"The Gambia is in financial distress. The coffers are virtually empty," Fatty said.

With Jammeh gone, a country that had waited in silence during the crisis sprang back to life. Shops and restaurants opened, music played and people danced in the streets.

Some of the 45,000 people who had fled the tiny country during the crisis began to return. THE ASSOCIATED PRESS

IN EXILE

Gambian ruler Yahya Jammeh, who went into exile under mounting international pressure, is now in Equatorial Guinea, home to Africa's longest-serving ruler and not a state party to the International Criminal Court.

International outpouring sends message to Trump

WOMEN'S MARCH

Millions come out to over 600 sister marches worldwide

In a global exclamation of defiance and solidarity, millions of people rallied at women's marches in the nation's capital and cities around the world Saturday to send President Donald Trump an emphatic message on his first full day in office that they won't let his agenda go unchallenged.

Trump responded Sunday, undermining the public opposition then defending demonstrators' rights a short time later.

"Watched protests yesterday but was under the impression that we just had an election! Why didn't these people vote? Celebs hurt cause badly," tweeted Trump, at 7:51 a.m. Ninety-five minutes later, he struck a more conciliatory tone.

"Peaceful protests are a hallmark of our democracy. Even if I don't always agree, I recognize the rights of people to express their views," the president tweeted at 9:26 am.

And protesters had done just that.

"Welcome to your first day, we will not go away!" marchers in Washington chanted.

Many of the women came wearing pink, pointy-eared "pussyhats" to mock the new president. Plenty of men joined in, too, contributing to surprising numbers everywhere from New York, Philadelphia, Chicago and Los Angeles to Mexico City, Paris, Berlin, London, Sydney and even Antarctica.

The Washington rally alone attracted over 750,000 people — apparently more than Trump's inauguration drew on Friday. It was easily one of the biggest demonstrations in the city's history, and as night fell, not a single arrest was reported.

The international outpouring served to underscore the degree to which Trump has unsettled people in both hemispheres.

Around the world, women brandished signs with slogans such as "Women won't back down" and "Less fear more love." They decried Trump's stand on such issues as abortion, health care, diversity and climate change. And they branded him a sexist, a bully, a bigot and more.

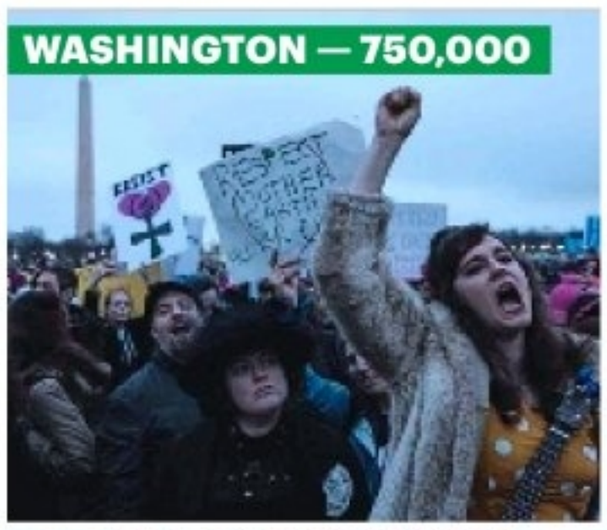
All told, more than 600 "sister marches" were planned worldwide. Crowd estimates from police and organizers around the globe added up to approximately four million.

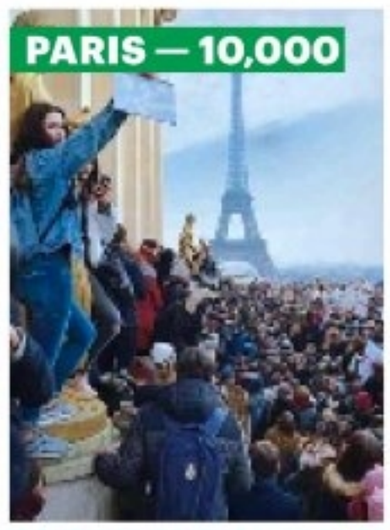
Tens of thousands of protesters squeezed into London's Trafalgar Square. In Paris, thousands rallied in the Eiffel Tower neighbourhood in a joyful atmosphere, singing and carrying posters reading "We have our eyes on you Mr. Trump" and "With our sisters in Washington."

Hundreds gathered in Prague's Wenceslas Square in freezing weather, mockingly waving portraits of Trump and Russia's Vladimir Putin.

METRO/THE ASSOCIATED PRESS

4 MILLION STRONG: THE MARCH HEARD 'ROUND THE WORLD





LATEST IN U.S. POLITICS

Trump shifts to a message of unity

After a combative start to his presidency, Donald Trump delivered a more unifying message Sunday and sought to reassure Americans he was ready to begin governing a divided nation.

Trump thanked top law enforcement officers for their service and support. And he swore-in a group of aides, telling them he believed they were ready to rise to a daunting task.

"But with the faith in each other and the faith in God, we will get the job done," Trump said in a ceremony in the White House East Room. "We will prove worthy of this moment in history. And I think it may very well be a great moment in history."

Israel's Netanyahu to meet with new U.S. president

Israel's Prime Minister Benjamin Netanyahu on Sunday accepted an invitation to visit the White House next month in hopes of forging a "common vision" for the region with President Trump that could include expanded settlement construction on occupied territories and a tougher policy toward Iran.

Dalai Lama hopes for peace between Russia and U.S.

The Dalai Lama said he hopes that President Trump and Russian President Vladimir Putin will work together for peace.

The exiled spiritual leader of Tibetan Buddhists said the world needed leaders with compassion. He made the remarks Saturday at a program in New Delhi organized by the women's chapter of an industry group, according to the press statement.

He said the world is moving toward peace and non-violence, and he hopes Trump and Putin will come closer and work toward creating global peace.

Secretary of State nominee raises doubts on Colombia peace pact

President Trump's secretary of state nominee said he would review Colombia's recent peace agreement to determine how much the U.S. should continue to support a historic deal that had been enthusiastically backed by the Obama administration.

Rex Tillerson's comments came in a response to questions that members of the Senate Foreign Relations Committee sent to him as part of the confirmation process. As the staunchest U.S. ally in Latin America, Colombia has received billions in U.S. aid to combat drug trafficking and rebels who profit from it. THE ASSOCIATED PRESS

David MacNaughton, Canadian Ambassador to the U.S., speaks to reporters at a Liberal cabinet retreat in Calgary on Sunday.
THE CANADIAN PRESS

CANADA

Ready to confront a new reality

Prime Minister Justin Trudeau and his federal Liberal government will confront the reality of Donald Trump in the White House as his cabinet members begin gathering Sunday in Calgary for a three-day retreat that are to include discussions with an adviser to the new president.

Up to now, Trudeau has had a relatively smooth ride guiding Canada's relations with the U.S., thanks to being so simpatico with Barack Obama — natural allies on climate change, with a close personal relationship that oozed brotherly affection.

Now the Liberals are girding for a major reset with Washington, which is expected to be the preoccupying pastime for Liberal ministers during their upcoming meetings.

Dominic Barton, the head of the Trudeau government's influential council of economic advisers, is also set to attend. Earlier this month, he cautioned that Trump's pledges on trade and taxation must be taken seriously in Canada.

The Liberal government hopes to send a message to the Trump administration that Canada and the U.S. have a shared agenda, Natural Resources Minister Jim Carr said Sunday in Calgary.

"We will have to see what the administration actually does," he said.

Earlier Sunday in Washington, Trump said he had scheduled meetings with Trudeau and Mexican President Enrique Pena Nieto and signalled negotiations will have to begin on NAFTA.

"I ran a campaign somewhat based on NAFTA," Trump said. "But we're going to start renegotiating on NAFTA, on immigration, on security at the border."

The date of the meeting between Trudeau and Trump has yet to be announced.

THE CANADIAN PRESS

metro VIEWS
Your essential daily news
Monday, January 23, 2017

VICKY MOCHAMA

FIRST STEPS MUST YIELD NEXT STEPS

This weekend's women's marches were, for many, exhilarating moments of respite after months of anxiety. But, now that the triumphant moment has passed, those who would dedicate themselves to political resistance must **prepare for the difficult road ahead.**

At the inauguration, my chest felt tight. Throughout the day, Trump supporters were exceedingly nice to me. A condescending kindness. I was told "Good for you!" about doing my job. A minute later, they'd be yelling "Lock her up" or "Make America great."

At the women's march, I exhaled, finally letting go of the breath I'd been holding in since election night.

My cousin and aunt, D.C.-area residents who put me up for the weekend, have been apoplectic and yet resigned, unable to bear watching anymore election coverage but unable to look away. But at the march, my cousin said, "I don't know what I expected. It's just so nice not to feel alone."

My cousin is determined not to let the Trump presidency disrupt her dreams. She's engaging with it. She has signed up for a newsletter from Shaun King, a reporter and civil rights activist, that alerts her to legislative issues and what she can do about them.

All over, Americans are resisting Trump and will continue to resist him. Clearly, this election has been a political awakening for so many. But there's nothing romantic or glorious about it.

The coalition of people who attended this past weekend's marches face an abyss: denial of climate change, increased restrictions to a woman's right to choose, an end to religious freedom and social liberty for Muslims, the denial of citizenship for immigrants, an administration that is brazen in its lies.

Exhilarating as the march was, the road ahead will be perilous and exhausting.

All the progress of the Obama presidency — both in its racial significance and its actual policy making — is now threatened. But the system that put Trump in office is not in any way new. Much as the emancipation of slaves was followed by the terrorism of Reconstruction, the social-welfare edifice of the New Deal and the civil-rights gains of the '60s and '70s were eroded by the law-and-order social policy and trickle-down economics that became ascendant under Reagan and have remained so ever since.

To some, this election is the natural conclusion of a nation built on white supremacy and dedicated to the exploitation and destruction of black, brown, indigenous and female bodies — bodies that have borne the brunt of the pendulum swings of history.

According to DC Metro, the day of the women's march was the second largest in total ridership, at just over one million. The record for first place is held by the first Obama inauguration, in 2009. The march crowd, however, was different from the Obama gathering, which I also attended. This one was pretty white — not as white as Trump's inauguration the day before, but pretty white.

Black, latino and indigenous people were there but not with the fullness and volume that they had been eight years ago. The march was chaotic and spontaneous, yet the free-flowing movement of masses of people wasn't met with violence by the police.

The same cannot be said of typical protests by black, latino and indigenous activists.

The presumption of innocence and the safety that white protesters are afforded by the police was evident at the women's march. At the same time that non-white activists are advocating for change, white allies can step up to ensure their safety.

In an interview with NPR, the New York Times' Nikole Hannah-Jones said, "It is important to understand that the inequality we see.... is both structural, it is systemic, but it's also upheld by individual choices."

The threat that the Trump administration represents cannot be brushed aside. White allies must seek to ensure not just their self-interest but the safety of others. By continuing to show up, the privileges of whiteness can be extended to the oppressed.

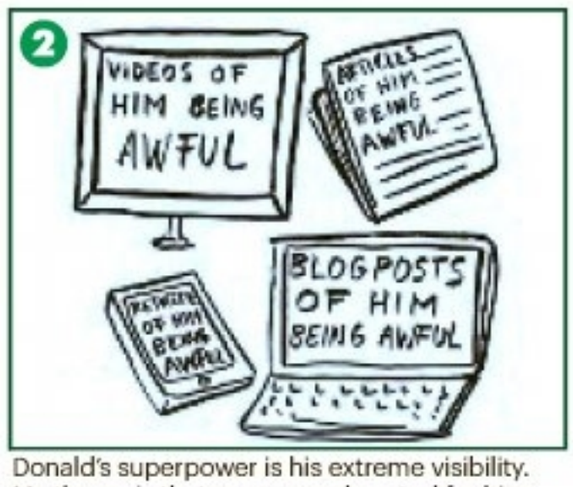
The decision to show up to Washington, D.C., on an overcast day in January is an important choice and a powerful first step. In the days, weeks and months of the next four years, first steps must become next steps.

Contact Vicky at vicky.mochama@metronews.ca on Twitter: @vmochama

INAUGURATION OF ... WHAT?

by Ani Castillo

Last Friday a helicopter came to the White House and took Obama away forever. Inside I screamed, "Barack, don't leave!" It felt as if the only responsible adults were leaving the house.



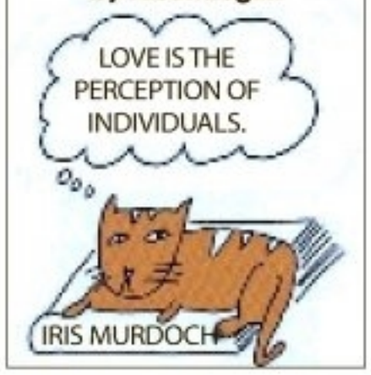
Donald's superpower is his extreme visibility. My theory is that many people voted for him because familiarity had, in the unconscious, become trust. A case study in marketing.

What will this inauguration mean to us? An era of hate or an era of unity? An era of apathy and detachment or an era of intense activism? My highest hope is that we will stand up for the weak, donate money, meet with people. We'll make art, organize marches, make noise, defend what's right! Time will pass. But what will it tell? Only what we choose to do with it.

Will give attention and screen time to leaders who are working towards healing the planet and creating peace?

It is safe to say that most living creatures on earth didn't want Donald to receive the power he's been granted.

PHILOSOPHER CAT
by Jason Logan



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metro LIFE

Your essential daily news

Monday, January 23, 2017

At Paris Fashion Week, designer Agnes B. shows contrast with marl grey overcoats mixed with graffiti-patterned foulards and tops

JOHANNA SCHNELLER
WHAT I'M WATCHING

Greatest show (of strength) on Earth...

THE SHOW: The Women's March on Washington
THE MOMENT: The Mall

Alicia Keys performs in Washington. AP PHOTO

I thought the show was going to be the rally.

On a stage somewhere near Independence Ave. and Third Street in Washington D.C., dozens of speakers would address a crowd (they expected 250,000). I thought I'd be listening to Gloria Steinem, Michael Moore, America Ferrera. Janelle Monae talked to the Mothers of the Movement, who'd lost children to police violence.

But my group of seven, who'd flown down from Toronto, couldn't get near it. We came close: We talked our way behind a barricade, which happened to be the spot where celebs were hustled after they spoke.

Here came Cher, shaking hands with the crowd. Alicia Keys and Jake Gyllenhaal (sporting a bushy beard) stuck to their security men. But we gave up on trying to see the stage. There were simply too many people.

So we headed for the Mall, D.C.'s front lawn. We stepped out of the tree line, and my knees buckled. A solid wash of humanity, hundreds of thousands, mostly female, stretched as far as one could see, sporting pink pussy hats and carrying witty signs (my favorite: Putin wearing an American "I Voted" sticker). We knew it felt big, but we had no idea it was this big. This was the show.

No matter how crowded it became — and where barricades made bottlenecks, it was dangerously crowded — people stayed calm. They smiled, they made room, they chatted. A million souls, myriad intentions, but one mood. The biggest political protest in U.S. history.

The greatest show (of strength) on Earth.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

No more cartoon clichés of nerds and sex bombs

FILM PRODUCTION

Women in animation lead the revolt

Ajani Russell poses with her artwork Female Figures prior to the Animated Women symposium at California Institute of the Arts. MARK J. TERRILL/THE ASSOCIATED PRESS

The California Institute of the Arts was created partly by Walt Disney's desire to bring more top-flight animators into the profession. And it has during its 47 years, though for a long time almost all were men.

Now, nearly three-quarters of CalArts' more than 250 animation students are women, and there's a new goal: ensure that when they land jobs, they get to draw female characters reflective of the real world and not just the nerds, sex bombs, tomboys or ugly villains who proliferate now.

"Male villains can be any shape or size. But female villains are usually in their menopausal or postmenopausal phases. They're older, they're single, angry," said Erica Larsen-Dockray, who teaches a class on The Animated Woman for CalArts.

"Then you have the innocent princess, whose waist is so small that if she was actually alive, she wouldn't be able to walk."

To call attention to that, CalArts has played host the past two years to The Animated Woman Symposium on Gender Bias. This year it focused on the roles of Sidekicks, Nerd Girls, Tomboys and More.

During a recent raucous two-hour symposium, nearly a dozen student researchers who spent months watching cartoons and reading comic books questioned why almost all female sidekicks look like nerds. Also why female heroes like Kim Possible are over-the-top beautiful. And why there are so few gay, lesbian and transgender characters.

"What are nerd-girl stereotypes? They have glasses, they're shy, they're awkward, they have some freckles going on," said film-video student and artist Madison Stubbs as she flashed drawings of several, including two of the most popular: Velma from Scooby-Doo and Meg Griffin of Family Guy.

> **What are nerd-girl stereotypes? They have glasses, they're shy, they're awkward.**
> Madison Stubbs, researcher

There's a reason for such drawings and scenarios, said Marge Dean, president of the industry group Women in Animation: Men still fill animation's writing rooms and director's chairs.

"Many women are going to animation schools. At CalArts, it's over 70 per cent. Yet if you start looking at women in creative roles, the last number we have is only 22 per cent," said Dean.

In an effort to boost those numbers, CalArts faculty invites studio representatives to campus for events like portfolio days and maintains a close relationship with groups like Dean's, which is pushing the studios to have a creative workforce of half women and half men by 2025.

CalArts alumni have directed nine of the 15 Oscar-winning animated feature films since that category was created in 2002. Only two of those 15 films had female directors. Both of them, Brenda Chapman and Jennifer Lee, are CalArts graduates.

To make real change, students entering the animated world must demand it, said Stacey Simmons of the production company Stoopid Buddy Stoodios.

"The only way you're going to change it is to keep doing it," she said. "The industry itself has changed a lot, but it has not changed at the same rate the country has." THE ASSOCIATED PRESS

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Making most of Make Do Month

ADVICE

Stretching out resources in January helps set smart tone

Gail Vaz-Oxlade
For Metro Canada

Still coming to terms with the excesses of the holiday season? You're not alone.

Despite resolutions to not go into January with debt, loads of people find themselves hesitant to open up their credit card statements. With debt to deal with, higher hydro bills and ever-rising food and gas prices, it's time to focus on ways to trim back.

Welcome to Make Do Month: It's the month when you stretch everything a little farther so you spend a lot less. You'll scoop the last drop out of every bottle or jar. You'll dig to the back of your food cupboard to use up the noodles, the soup, the bag of beans. And you'll go through your freezer and eat everything that's been sitting there for the past six months. (Hey, don't let a little freezer burn scare you off. Turn it into soup!)

January is also a good month to experiment with a new routine as you make do. Used to buying coffee every day as you head to work? Brew your own at home or work and save big-time. Go out for lunch? Brown-bag it four out of every five days so you have the money to pay off that holiday debt.

If you have family or friends whose birthdays fall in January, committing to Make Do Month means you won't rush out and buy a present. Instead, you'll find a way to give something of yourself instead. Make their favourite cookies, offer to cook a meal or a bunch of meals for the freezer for those extra busy workdays, or create a coupon for free babysitting. Maybe you're a computer genius and can offer to do maintenance or repairs. Perhaps you're a mechanic and can offer a tune-up. Substitute your energy for spending money.

While you're being frugal and using up all your stuff so you don't have to spend money in January, why not inventory the things you seem to have a lot of: screws, magazines, nail polish, face creams, shampoo, books, yarn, scrapbooking supplies. Measuring your abundance and committing to buying nothing more until you've used up what you have is a great way to take Make Do Month and make it a year-long way to save money.

After the buzz of the holidays you'll no doubt be happy to stay home for the first couple of weeks. Then you may start feeling itchy. You've got to get out. You can feel the walls closing in.

Before you hit that great new restaurant that just opened up or head out to the clubs, remember that January is Make Do Month. Call up a couple of friends and throw a potluck dinner instead. My girlfriend Annie asked all her invitees to bring a dish from their cultural heritage. I showed up with oxtail soup and partook in everything from cabbage rolls to kafta.

January is a great month to start a tradition of once a month game or poker night and rotate from one friend's home to another. No one says you can't have fun in Make Do Month. You just can't spend gobs of money.

Make a conscious decision to stretch every dollar as far as it'll go. Try it and see if just becoming conscious saves you money.

I'll bet you're pleasantly surprised.

For more money advice, visit Gail's website at gailvazoxlade.com

January is a good month to dig a bit deeper into your food cupboard and use up what's been sitting at the back. ISTOCK

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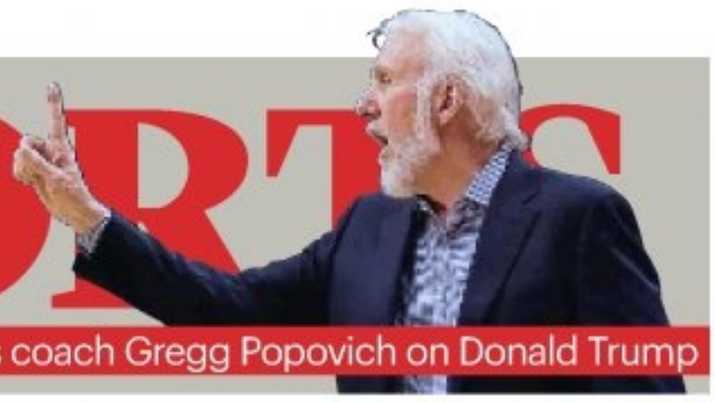

"If our children would've said it, we would have grounded him for six months": Spurs coach Gregg Popovich on Donald Trump

Ryan and Falcons dig their talons into Packers

NFL PLAYOFFS

Atlanta makes it to the Super Bowl for just second time

Matt Ryan tumbled into the end zone, slammed the ball to the turf with a thunderous spike, and let out a scream that showed just how much he wanted this game.

He wants the next one even more.

With another MVP-worthy performance and plenty of help from Julio Jones, Matty Ice guided the Atlanta Falcons to a 44-21 rout of the Green Bay Packers for the NFC championship Sunday, a showing that erased any doubts about whether Ryan can win the big games.

In his ninth season, he's finally headed to his first Super Bowl

Call him Super Matty.

"We'll enjoy it because it's hard to get to this point. I know that from experience," Ryan said. "But our ultimate goal is still in front of us."

The Falcons (13-5) will face New England on Feb. 5 in Houston, just the second Super Bowl appearance in Atlanta's 51-year history. Eighteen years ago, they lost to Denver in John Elway's final game.

Ryan threw for 392 yards and four touchdowns, but it was his 14-yard scoring run — his first TD on the ground since 2012 — that really set the tone.

Jones was right in the middle of things, too. After barely practising during the week because of a lingering toe injury, he finished off the Packers with a 73-yard catch-and-run on Atlanta's second snap of the second half, pushing the lead to 31-0 and essentially turning the rest of the Georgia Dome finale into one long celebration.

NFC CHAMPIONSHIP

44 21

"He's a beast," Ryan said. "I've been lucky to play with him as long as I have. He was impressive today. I know he wasn't feeling his best, but he's a warrior."

Jones finished with nine catches for 180 yards and two scores, which included a toe-dragging catch for a five-yard touchdown with three seconds left in the first half, sending the Falcons to the locker-room up 24-0.

Packers quarterback Aaron Rodgers attempts a pass as he is hauled down by Grady Jarrett of the Falcons in Atlanta on Sunday. ROB CARR/GETTY IMAGES

After the break: the play that showed every one of Jones' remarkable skills. He blazed down the middle of the field, shook off LaDarius Gunter's attempt to grab him on a cut toward the sideline, hauled in the pass from Ryan, broke Gunter's diving attempt at tackle, and defiantly knocked away Damarious Randall's with a brutal stiff-arm.

Atlanta's defence, an afterthought compared to the other side of the line, kept the Packers out of the end zone until the game was essentially locked up. Packers QB Aaron Rodgers finished 27 of 45 for 287 yards and three TDs, but he also threw an interception. THE ASSOCIATED PRESS

AFC

Tom Brady threw for 384 yards and three touchdowns to lead New England back to the Super Bowl with a 36-17 win over Pittsburgh.

IN BRIEF

Raptors drop third straight in loss to Suns

Eric Bledsoe poured in 40 points and Devin Booker added 20 more as the Phoenix Suns beat Toronto 115-103 on Sunday to hand the Raptors their first three-game losing skid in over a year.

Toronto led by eight points in the fourth quarter but the Suns used a 20-7 run to take control of the game. THE CANADIAN PRESS

No. 1 seeds in singles fall at Australian Open

It was tough at the top for Andy Murray and Angelique Kerber on Sunday at the Australian Open, with both the No. 1 seeds going out in fourth-round upsets.

Five-time finalist Murray lost 7-5, 5-7, 6-2, 6-4 to No. 50-ranked Mischa Zverev in the afternoon match on Rod Laver Arena, and defending women's champion Kerber lost 6-3, 6-2 to CoCo Vandeweghe in a night match. THE ASSOCIATED PRESS

Canada stacks its team for figure skating worlds

Canada's team for the world figure championships boasts 17 world medals between them.

With the return of ice dancers Tessa Virtue and Scott Moir, along with Patrick Chan, Canada will send one of its strongest teams ever to the world championships in Helsinki in March. THE CANADIAN PRESS

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Crash claims Royals' 'Ace'

MLB

Ventura latest player to die in road accident in Dominican

Yordano Ventura quit school as a teenager so he could begin working a construction job to help his family make ends meet, labouring day after day in the hot sun of the Dominican Republic.

It was a chance tryout with the Kansas City Royals that changed the trajectory of his life.

Yordano wowed scouts with an electrifying fastball, the best they had seen in years, and a confident demeanour that bordered on brash and arrogant. And both of those traits served him well as he rocketed to the majors, helped the Royals win a World Series in 2015, and became one of the most popular players in Kansas City.

Yordano Ventura GETTY IMAGES

Ventura, whose nickname "Ace" fit so perfectly, died Sunday in a car crash on a stretch of highway near the town of San Adrian in his native Dominican Republic. He was 25.

"Our team and our organization is hurting deeply," Royals general manager Dayton Moore said. "It's certainly something that puts everything into strong perspective, and challenges us all to never grow tired or weary or cease to do what is right, and loving others. Nobody is guaranteed tomorrow.

> **Nobody is guaranteed tomorrow.**
> Royals GM Dayton Moore

"We loved Yordano," Moore said. "We loved his heart, we loved who he was as a teammate, a friend. He was somebody that challenged us all and made us better and I'm going to miss him."

Highway patrol spokesman Jacobo Mateo said Ventura died on a stretch of highway northwest of Santo Domingo, the nation's capital. Mateo did not say whether Ventura was driving.

He's the second star pitcher to die in past four months. Marlins ace Jose Fernandez was 24 when he was killed along with two other men in a boat accident near Miami Beach in September.

Also Sunday, former major league infielder Andy Marte died in a separate car accident in the Dominican Republic.

The Dominican Republic has the second-highest traffic-related death rate in the world — officials there believe alcohol, speed and a blatant disregard for traffic laws is to blame. Oscar Taveras, Jose Oliva, Rufino Linares and Jose Uribe are among players who have died in crashes in the country.

THE ASSOCIATED PRESS

IN BRIEF

Hull's Mason 'stable' after fracturing skull vs. Chelsea
Hull midfielder Ryan Mason underwent surgery after fracturing his skull during a clash of heads during a Premier League match at Chelsea on Sunday.

The 25-year-old Mason "is in a stable condition and is expected to remain in hospital for the next few days," Hull said in a statement after its 2-0 loss to the Premier League leaders. THE ASSOCIATED PRESS

Laine back to full contact
Patrik Laine took a step toward returning to action on Sunday. He skated in his first full-contact practice with the Winnipeg Jets since suffering a concussion Jan. 7. THE CANADIAN PRESS

Swafford holds off Canada's Hadwin to win CareerBuilder
Hudson Swafford won the fittingly named CareerBuilder Challenge on Sunday for his first PGA Tour title, following three straight birdies with a closing par for a one-stroke win in La Quinta, Calif.

Swafford shot a 5-under 67 to finish the three-course, pro-am event at 20-under 268. B.C.'s Adam Hadwin came back with a 70 after his third-round 59 to finish second. THE ASSOCIATED PRESS

Fleetwood wins in UAE
Tommy Fleetwood broke free from a pack of contenders to win the Abu Dhabi HSBC Championship by a shot on Sunday, ending the his wait for a second European Tour title. THE ASSOCIATED PRESS

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MAKE IT TONIGHT

Sunny Shrimp Tacos

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

These tacos are fresh and bright enough to bring the sun out on a winter day.

Ready in 40 minutes
Prep time: 30 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 1 lb peeled, deveined shrimp
- 1 Tbsp olive oil
- 3 cloves of garlic, minced
- 1 tsp cumin
- 1/2 tsp chili powder
- 1/4 tsp salt
- 8 tortillas
- 3 Tbsp lime juice
- 1/4 head of red cabbage
- 2 Tbsp lime juice
- 4 Tbsp sour cream
- 2 Tbsp lime juice
- A good pinch of salt
- Sliced radishes, avocado

Directions

1. Peel and devein shrimp and rinse under cold water. In a shallow bowl, mix oil, garlic, cumin, chili, salt and toss in shrimp. Refrigerate for 15 minutes.

2. Preheat oven to 200 degrees. Wrap tortillas in damp paper towel, place in oven. Slice the cabbage and toss in a bowl with 3 Tbsp lime juice, olive oil and salt to taste. In a small bowl, mix sour cream, 2 Tbsp lime juice and a pinch of salt to make a crema.

3. Heat skillet to high, add a little olive oil. Add half the shrimp. Cook until you see pink around the edges. Flip over and cook briefly until shrimp are pink and opaque. Repeat with second batch.

4. Place everything on table and let people build their own tacos.

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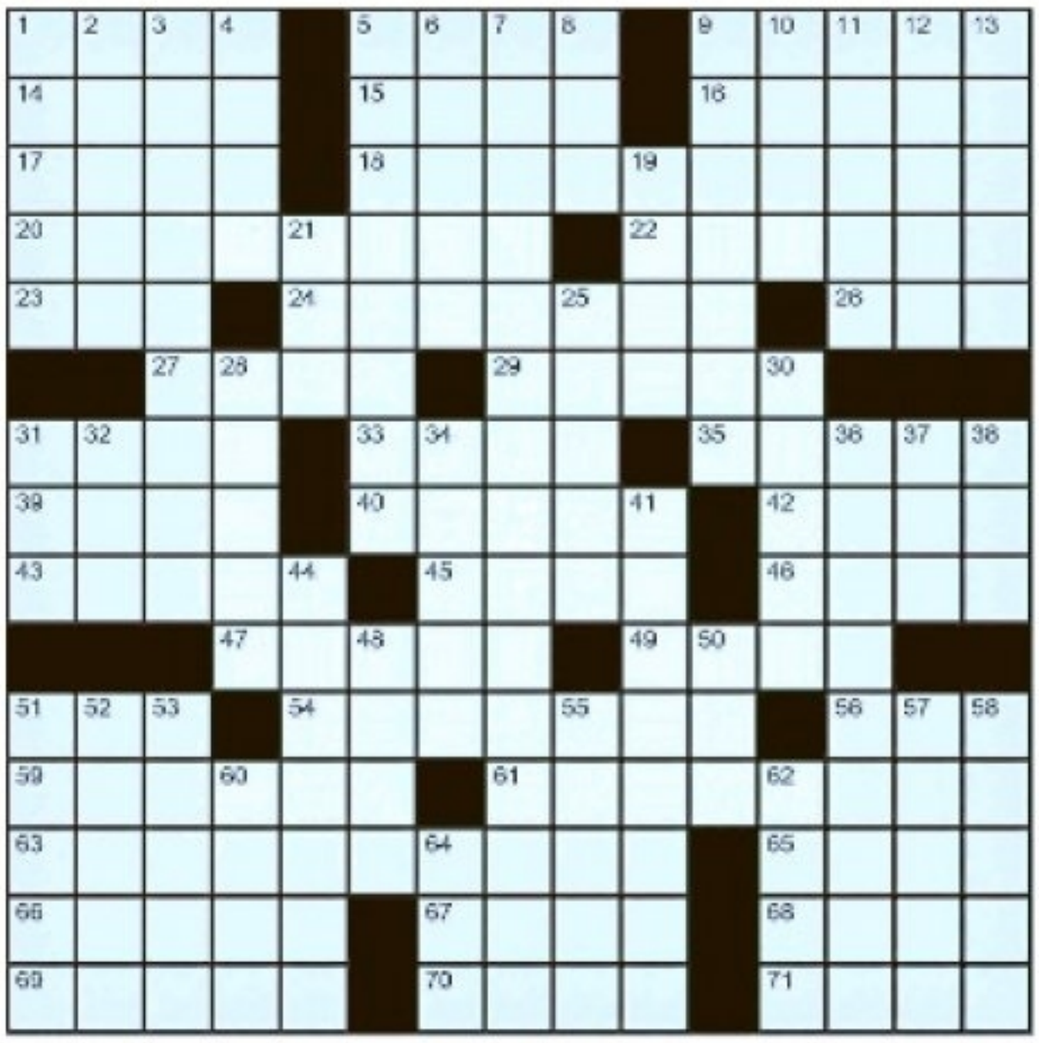
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Biblical beau
5. Skin cream ingredient, _ butter
9. Legal garbs
14. Belonging to me
15. Paper _ (Pen brand)
16. Montreal 'student'
17. Prince _ (Alexander Borodin opera)
18. Surgery pain-preventer
20. Driver's shade from rays: 2 wds.
22. Pre-ninth inning in baseball
23. "The _ Who Loved Me" (1977)
24. Pensive person
26. 1984: "Strut" Scottish singer ...her initials-sharers
27. Travel by dog sled
29. Goose, in Latin
31. PC picture
33. Inactive
35. Tenet
39. Glorify
40. Electrical pioneer Nikola
42. The _ Mountains (Range in Russia)
43. Dermatologist's device
45. "To Sir, with Love" (1967) star
46. Savings = _ egg
47. Sherwood's Mr. Hood
49. Sassiness, in slang
51. Energy unit
54. Management Land, say
56. Peacock TV station
59. Lisa's "Friends" character
61. Carmen's aria in Georges Bizet's opera
63. Accordion-like instrument
65. Court hearing
66. _ _ the other (Not both)
67. Slowly advance
68. Rupture
69. Sea swallows
70. CCR's "Have You Ever _ the Rain"
71. Whirl in the water

DOWN
1. Not quite right
2. Unearth: 2 wds.
3. Like an unknown benefactor
4. "Jeopardy!" creator Mr. Griffin
5. Chart-topper: 2 wds,.
6. Capital of Vietnam
7. Weather in Jim Carrey's 'Spotless Mind' movie: 2 wds.
8. Bronze Roman money
9. Got the job back
10. Mr. Cassini (He outfitted President Kennedy's wife)
11. "2 Broke Girls" actress Ms. Behrs, and namesakes
12. Web-sent party notice
13. Six, in Munich
19. Casual tops
21. Possessive pronoun
25. Sad-sounding ring
28. Beneath
30. Theatre in the _
31. Chicago's Il'l state
32. Canuck motorists org.
34. Cold cuts counters, commonly
36. Like the Lady in American band Sugarloaf's 1970 song
37. Pas' wives
38. Elevation, for short
41. Germany's famous highway
44. Cops and _
48. Second _ War (1899 to 1902 conflict)
50. Ms. Thurman
51. Walt Disney World attraction in Florida
52. Winery river valley in France
53. One whose goose is cooked
55. Do the tango
57. Butter's best friend
58. Tote
60. Business subj.
62. Whole, as in music
64. Poetic contraction

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to ask your boss for a favour. It will be easy for you to make him or her feel sympathetic to your cause.

Taurus April 21 - May 21
Because your imagination is heightened today, you will be delighted with unusual stories and meeting people from other cultures. You want to learn more.

Gemini May 22 - June 21
If you decide to share something today with someone, you will be sympathetic to his or her situation. (Make sure you respect your own needs.)

Cancer June 22 - July 23
In conversation with partners and close friends today, you will be caught up with idealistic values. You will want what's best for the other person.

Leo July 24 - Aug. 23
Co-workers might ask for your advice or want to share a hard-luck story with you. This is because people sense that you are sympathetic today.

Virgo Aug. 24 - Sept. 23
Because your imagination is heightened today, you will enjoy the creative efforts of others. You also will be creative in your own approach to something today.

Libra Sept. 24 - Oct. 23
During a discussion with a family member, you will quickly see what it is like to be in his or her shoes. This is why you will be compassionate.

Scorpio Oct. 24 - Nov. 22
Don't worry if you spend a lot of time daydreaming today. It's just one of those days. It's also easy for you to visualize things today.

Sagittarius Nov. 23 - Dec. 21
If shopping today, you will be tempted to buy luxurious items you might not be able to afford. Just remember that after the temptation wears off, you are stuck having to pay this bill.

Capricorn Dec. 22 - Jan. 20
You feel truly sympathetic for others today. This is why you will go out of your way to help someone, or at least, listen to his or her story. Be wary of crocodile tears.

Aquarius Jan. 21 - Feb. 19
Today you will be inclined to put the wants and needs of others before your own, because you feel sympathetic.

Pisces
Feb. 20 - March 20
A friend may ask for your help today, or you might ask a friend to help you. Either way, people are supportive of you today, and they hope you will be the same toward them.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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3					8			2
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9								5
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7			9					1
	6			4			3	

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Clara Hughes

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